



MANUAL HANDLING INSTRUCTOR QQI LEVEL 6 (6N0233)

Become a certified Manual Handling Instructor and deliver workplace training with confidence



Safety Knowledge

Learn the principles of safe manual handling, including ergonomics, back care, workplace risk factors and injury prevention.



Handling Techniques

Develop the ability to demonstrate safe lifting, carrying, pushing and pulling techniques using correct posture and safe systems of work.



Training & Instruction Skills

Gain the confidence to plan training sessions, create lesson plans and deliver engaging manual handling instruction.

About The Course

This course is ideal for organisations that want to deliver manual handling training in-house, as well as individuals who wish to deliver manual handling training professionally or start their own training service.

Course Key Details

- Location: Cork & Dublin
- Duration: 5 Days
- Delivery: Classroom & practical training
- Class size: 12 maximum
- Assessment: Assignment, practical skills and training presentation
- Certification: QQI Level 6 – Manual Handling (6N0233)

CALL US FOR MORE INFORMATION:

 **0818 315 415**



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www.occupli.com



BRING MANUAL HANDLING TRAINING IN-HOUSE



Start Your Own Manual Handling Training Business

Manual handling training is one of the most widely required workplace safety courses across Ireland.

Many participants complete this programme with the aim of delivering training professionally to local businesses and organisations.

This course provides the knowledge and practical experience needed to begin delivering manual handling training programmes.

Many organisations require regular manual handling training for employees. By completing this course, businesses can train an internal instructor to deliver training whenever required.

Benefits include:

- Reduced reliance on external training providers
- Immediate training for new employees
- Lower long-term training costs
- Consistent safety standards across teams

Why Train With Occupli?

Occupli has been delivering professional health and safety training across Ireland for over 25 years

Our training programmes combine expert instruction with practical learning to ensure participants gain the confidence to apply their knowledge in real workplace situations

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